Sailing Boat Exercise

Used at RECI 2022 Thematic Day

Moderation Break-out "Sailing Fleet Exercise" → tap into the knowledge & experience of participants (60 min)

- 1. Explain mean of exercise and symbols \rightarrow "what would it take to reach the island"
 - Island = objective
 - Fleet = RECI members
 - Wind = strengths (UVP)
 - Anchors = elements slowing down
 - Scissors = resource/approach eliminating obstacles

2. Introduction

- Provide timing and scope
- Define person to report back to the plenum (rapporteur/ice)

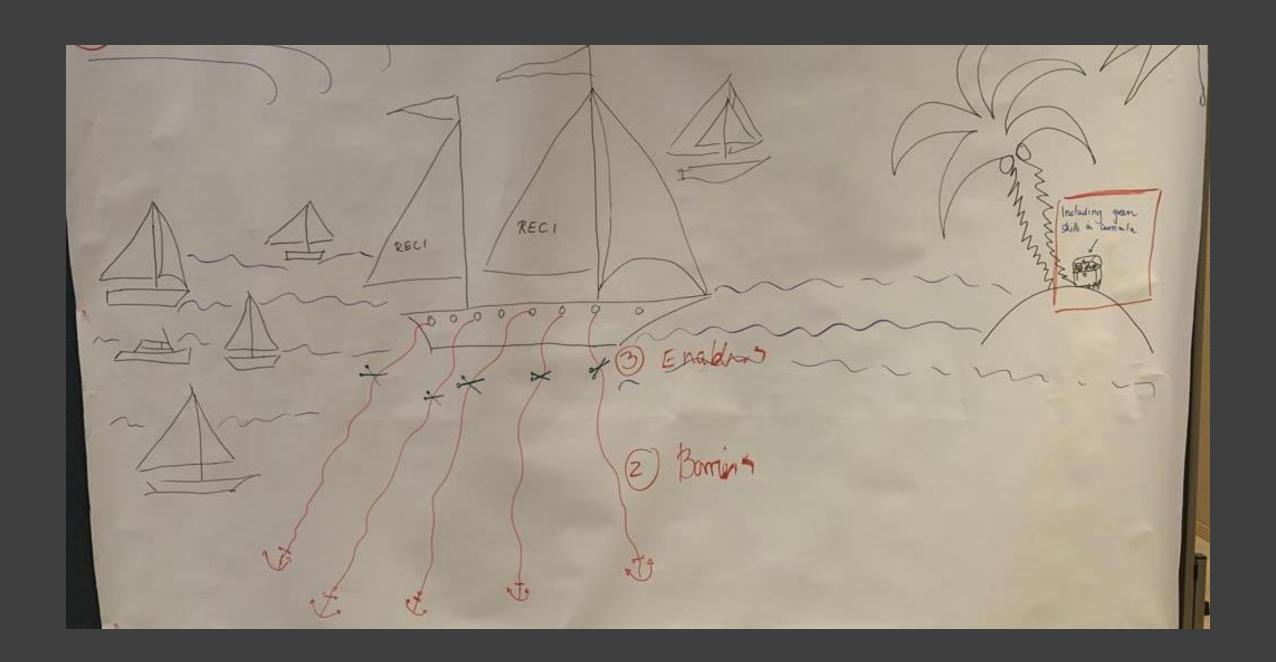
3. Explain rules of brainstorming exercise

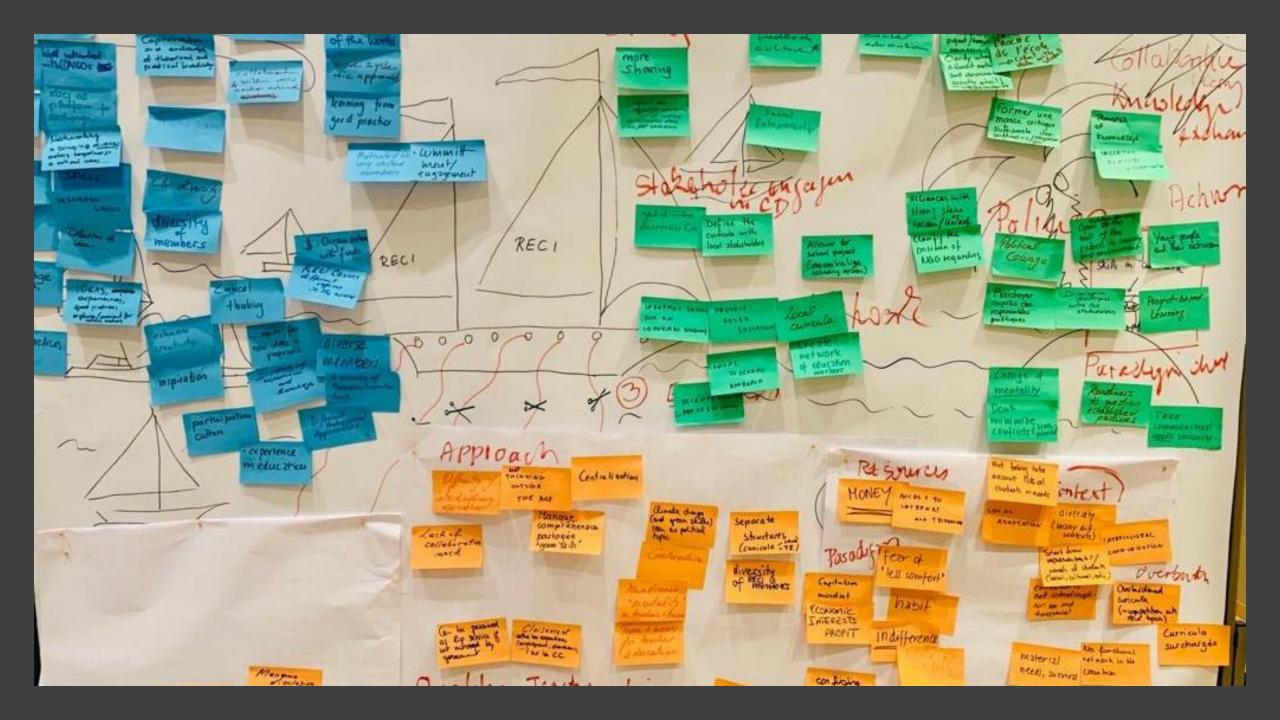
- One theme at a time (1-wind/2-anchor/3-scissors)
- 5 min of reflection and writing (start with wind and then do 2 more rounds) →1 idea per post-it (write as many as possible ⊕)
- Participants stand up in front of poster one-by-one to show! and explain their post-its (no discussion yet)
- Participant or moderator sticks post-its onto the theme (moderator clusters as this exercise advances)
- Do not go into discussion yet, only when you have finished all round

4. Brainstorm (45 min)

- Brainstorming with post-its have participants work in the following order:
 - 1) WIND: ask participants to write down the strengths of VLIR-UOS as to the specific pathway
 - 2) ANCHORS: ask participants to write down elements slowing down VLIR-UOS to reaching the island (same as above)
 - 3) SCISSORS: ask participants to write down resources and approaches needed by VLIR-UOS to cut off the anchors (same as above)

5. Discussion (15 min)





Required workshop materials and preparation

Materials needed

- Enough wall space to hang "sailing fleet" poster(s)
- 1 pair of scissors
- **Tape** (painters' tape) to fix paper on wall without damaging wall 30-35 (1 for each participant) thick workshop **felt pens** in blue or black
- Post-its in 3 colours (green pink blue) sufficient for each participants to write

10 post-its in each colour

- Name tags for clothes

